



Mental Health & Agriculture

A Webinar Series discussing what is contributing to mental health issues in agriculture, examples of protective and detrimental policies, how to reach out to provide successful interventions to agricultural populations, and showcasing best practice examples from the GFRAS Network.

Join Dr. Heidi Radunovich, Associate Professor & Extension Program Director for University of Florida Engagement Human Development, and Terasa Younker, M.A., Research Associate and Study Coordinator for the University of Florida.



35% of farmers meet the classification for depression

45% of farmers report high stress

58% of farmers meet the classification for anxiety

68% of farmers are more susceptible than the general population to chronic stress

Canadian Mental Health Association data

**MARCH 5, 12 & 19
- 2021
14.00 - 16.00 CET**

**REGISTER FOR
FREE HERE**

**MORE INFORMATION:
WWW.G-FRAS.ORG**